

Pressure Ulcer Prevention and Management

This course provides an opportunity for participants to broaden their knowledge and understanding of pressure ulcer wound assessment and management.

It allows participants to ensure professional competency in pressure ulcers as per NMBI's Code of Professional Conduct and Ethics and Scope of Practice for Nursing and Midwifery, which states that nurses must work within their competence.

It will also provide participants with continuing professional development to ensure that their best practice is founded in the latest research and guidance as per the Health Service Executive's National Best Practice and Evidence-Based Guidelines for Wound Management.

Outline of Day

Note: Category 1 Approved by Nursing and Midwifery Board of Ireland (NMBI)

09.45	Registration
10.00	Welcome and Introduction
10.15	Aetiology of Pressure Ulcers/Types
11.00	Tea / Coffee
11.30	Assessment/Classification of Pressure Ulcers
12.15	Management of Pressure Ulcers
13.00	Lunch
13.30	Dressings Selection Workshop
15.45	Evaluation
16.00	Close

Aims and Objectives

- To enable the practitioner to analyse their current practice and identify strategies and skills that will improve outcomes and quality of care in relation to patients with, or at risk of, developing pressure ulceration.
- To compare/contrast the different causes of pressure ulceration, associated pathophysiology and their role within the management plan.
- To determine the key principles that risk management tools offer in the prevention and management of pressure ulcers.
- To examine pressure ulcer classification, wound assessment and infection control in relation to management options.
- To examine the evidence for skin care, cleansing and treatment of incontinence.
- To examine the evidence for repositioning, pressure relieving equipment and adjunctive therapies in the prevention and management of pressure ulcers.