

# 4 CEUs

## Phlebotomy

This programme provides participants with the skill and theory to perform phlebotomy in a competent and safe manner. It will cover topics such as sites used for phlebotomy, criteria for evaluating a vein, principles of an aseptic technique as well as complications that may arise during and after the procedure. Guidance will be given on how to reassure the individual in relation to the procedure and on gaining their consent. While this course will provide the necessary knowledge and skills to undertake phlebotomy, it will be necessary for each nurse and midwife attending to ensure that they abide by their local policy on phlebotomy in their place of work.

### Programme content

- Accountability
- Scope of practice and local policies
- Applied anatomy and physiology
- Advantages and disadvantages of different methods used in phlebotomy
- Complications
- Demonstration and workshop
- Multiple choice question test.

### Sample reading list

Dao Le, L.K., (2016) Venepuncture, [Evidence Summary], retrieved from Joanna Briggs Institute EBP Database, available at: [www.nurse2nurse.ie](http://www.nurse2nurse.ie).  
Gabriel, J. (2012) 'Venepuncture and cannulation: considering the ageing vein', *British Journal of Nursing*, 21(S1), pp. S21-S28.  
Health Service Executive, Office of the Nursing Services Director (2010) National clinical policy and procedural guideline for nurses and midwives undertaking venepuncture in adults, Dublin: Health Service Executive.

### Learning outcomes

- Identify the criteria for evaluating a vein
- Reassure the individual in relation to the procedure and gain their consent
- Promote adherence to the principles of an aseptic technique
- Understand complications that may arise during and after the procedure
- List sites suitable to be used for phlebotomy.